Making it Up As You Go: How Improv Can Enhance Your Skills as a Teammate, Leader, and Pharmacy Professional

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Conflict of Interest Disclosure

• I have no conflicts of interest to disclose



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Learning Objectives

- Demonstrate an understanding of the history of improv
- \bullet Interpret the improv principle of "Yes, and..."
- Illustrate the principle of "Yes, and..." verbally and its impact on communication, cognition, and teamwork
- Examine the principle of "Yes, and..." non-verbally and its impact on communication, cognition, and teamwork

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PHP	"We are trained to be clinicians we are not trained to be human"	- - - -	
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	A Brief History of Modern Improv	-	
	The origins of improv are in a settlement house in Chicago Neva Boyd and the use of storytelling games to breakdown down ethnic barriers between recent immigrants at Hull House	-	
	 Viola Spolin studied under Neva Boyd and expanded the work of group play as a technique for teaching theater Paul Sills (son), Bernie Sahlins, Howard Alk and The Second City 	-	
	• Improv beyond the stage	-	
ICHP Spring Meeting	A focus on communication and teamwork	-	
5		-	
	Voc. and	_	
1	Yes, and		
	The concept at the core of improv	-	
	Building momentum	-	

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• Collaboration

Let's get to the exercises!
Spring Nesting to

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Paired Conversations • Exploring the concept of "Yes, and..." through a series of conversations with a partner • Round 1 • Every sentence except the first sentence will start with the phrase "Yes, and..." • Round 2 • Every sentence except the first sentence will start with the phrase "Yes, but..." • Round 3 • Every sentence except the first sentence will start with the phrase "No..."

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Explain a piece of modern society to a person who has been asleep for over 300 years Working in pairs Person from the present – you will be explaining an aspect of modern society to our time traveler in terms that they can understand Time traveler – you are responsible for helping the person from the present know what you don't understand about their explanation Connecting with individuals who are different from us

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	Machine
	Further exploration of "Yes, and" through teamwork and collaboration
THE REAL PROPERTY.	We are going to be inventing a machine that could make our lives as pharmacist and pharmacy technicians easier
CHP Spring Meeting	

"We are trained to be clinicians <u>AND</u> we continue to be human"

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Sources

• WTTW Chicago Stories. *Inventing Improv.* Free to experience: viola spolin and the invention of improvisation. https://interactive.wttw.com/chicago-stories/inventing-improv/free-to-experience-viola-spolin-and-the-invention-of-improvisation