

WHO ME? IMPROVING WORK STARTS WITH YOU

Brooke L. Griffin, PharmD, BCACP

Professor & Vice Chair, Midwestern University

Founder, Bold Idea Group

www.boldideagroup.com

A RECENT WIN

CURRENT CHALLENGE

ME, MYSELF & I

WHAT'S GOING WELL

WHAT DO I WANT TO KEEP DOING

WHAT ARE MY STRENGTHS

WHAT DO I WANT?

WHAT DOES SUCCESS LOOK LIKE FOR ME?

WHAT'S POSSIBLE?

MY OLD SOUNDTRACK

MY NEW SOUNDTRACK

WHAT ARE MY VALUES AND HOW DO THEY SHOW UP AT WORK?

GOALS

Professional

- 1 year:
- 3-5 years:

Personal

- 1 year:
- 3-5 years:

MENTORS



Let's connect on LinkedIn!



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MY TEAM

MULTIGENERATIONAL TEAMS

LISTENING

MY ACTION PLAN

NOTES

**USE THIS SPACE TO JOT DOWN
ANY NOTES OR TAKEAWAYS.
WHAT DO YOU WANT YOUR
FUTURE SELF TO REMEMBER?**




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