

ICHP Position Statement - Medication Therapy Management Services

The Illinois Council of Health-System Pharmacists (ICHP) supports the provision of Medication Therapy Management (MTM) services as an essential component of pharmacist practice. MTM services optimize medication use, improve therapeutic outcomes, and enhance patient safety across all care settings. ICHP endorses the consensus definition of MTM established by eleven national pharmacy organizations in July 2004.

Background

*"MTM is a distinct service or group of services that optimize therapeutic outcomes for individual patients. MTM Services are independent of, but can occur in conjunction with, the provision of a medication product."*¹

MTM services are pharmacist-led, require clinical judgment, and are delivered in collaboration with patients, caregivers, prescribers, and other health care professionals.

The MTM service model in pharmacy practice includes the following five core elements²:

- **Medication therapy review** - A systematic process of collecting patient-specific information, assessing medication therapies to identify medication-related problems, developing a prioritized list of medication-related problems, and creating a plan to resolve them.
- **Personal medication record** - A comprehensive list of all prescription medications, non-prescriptions products, and herbal or dietary supplements used by the patient.
- **Medication-related action plan** - A patient-centered document that outlines specific actions the patient may take to optimize medication use. This includes education, consultation, and adherence strategies.
- **Intervention and/or referral** - Collaboration with prescribers and other health care professionals to implement recommendations, adjust therapy as needed, and support achievement of therapeutic goals.
- **Documentation and follow-up** – Consistent documentation of MTM services and scheduled follow-up based on patient needs. Documentation ensures continuity of care and communication across care settings.

These core elements serve as the framework for the delivery of MTM services in all environments in which patients use medications.

References:

1. Definition of MTM approved July 27, 2004 by the Academy of Managed Care Pharmacy, the American Association of Colleges of Pharmacy, the American College of Apothecaries, the American College of Clinical Pharmacy, the American Society of Consultant Pharmacists, the American Pharmacists Association, the American Society of Health-System Pharmacists, the National Association of Boards of Pharmacy, the National Association of Chain Drug Stores, the National Community Pharmacists Association and the National Council of State Pharmacy Association Executives.

<https://www.aphafoundation.org/medication-therapy-management> (last accessed 12/10/25).

2. American Pharmacists Association; National Association of Chain Drug Stores Foundation. Medication Therapy Management in Pharmacy Practice: Core Elements of an MTM Service Model (version 2.0). *J Am Pharm Assoc* (2003). 2008 May-Jun;48(3):341-53. doi: 10.1331/JAPhA.2008.08514. PMID: 18595820.

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